

Dear 8M Students and Families,

Welcome to Pod 8M! We are so happy to have you in our pod and we look forward to working with all of you this school year. We hope you make your Grade 8 year your best one yet!

Here are a few notes as we begin our year together.

Our contact information:

Ms. Carlisle M1 Homeroom, ELA, Socials & French
mariko.carlisle@abbyschools.ca

Mr. Staniforth M2 Homeroom, Math, Science & Careers
angus.staniforth@abbyschools.ca

Communication between the school and home is very important for student success. Please e-mail both of us as we work together as a teaching team to support your child. Please note that we may not be able to respond immediately during instructional times as we are teaching and working with our students.

Remind is a messaging app that we use to communicate quick announcements regarding pod and school activities as well as homework. We will not be able to read Remind messages, so please email us if needed. Please sign up to receive messages with these instructions:

On your phone enter @8mbears in the Remind app OR text the message @8mbears to (778) 402-6346

General Expectations:

- Follow all district and school expectations as outlined in the student code of conduct.
- Practice and uphold our school's core values.
- Be kind to each other, yourselves, and our school.
- Give your best effort in everything you do.
- Have fun and work hard!

A few final notes for our students: this is your last year of middle school, and we hope you get involved - join a club, a sports team, play intramurals, or practice a new interest or hobby. Middle school is a time to explore new interests and have fun!

Also, your overall learning and growth this year is very important to us. Please let us know if you have questions or need help with course concepts and ideas. Asking for help is one of the best things you can do for academic success. Reading every day and reviewing course concepts will help too. We are here to support and encourage you!

Finally, the 8M Bears are a true pod community and we are so happy you're a part of it. Our pod needs to be a safe and welcoming place where everyone can learn and grow – we all play a part in making this happen.

We are looking forward to a wonderful year with all of you.

Regards,
Ms. Mariko Carlisle & Mr. Angus Staniforth